### GOAL 1: Cultural Change
**9 action strategies**

- **Strategy 1A:** Develop a cocurricular syllabus for health/wellness learning outcomes.
- **Strategy 1B:** Review/revise academic and course policies to promote health/wellness and belonging, as well as remove barriers to well-being.
- **Strategy 1C:** Revitalize efforts in support of the *Culture of Respect* initiative to reduce sexual violence.
- **Strategy 1D:** Launch a vigorous outreach campaign to shift health/wellness cultural norms and perceptions and educate about relevant GT policies and resources.
- **Strategy 1E:** Strengthen efforts to reduce high-risk drinking and drugging behaviors.
- **Strategy 1F:** Improve faculty/staff capacity to foster wellness and be agents of change; review/revise position descriptions accordingly.
- **Strategy 1G:** Review media policies and adopt practices that are more trauma informed.
- **Strategy 1H:** Create, update, and sustain physical spaces across campus that support physical, emotional, and spiritual wellness.
- **Strategy 1I:** Increase availability of grant funding to support collaborative research that improves health/wellness.

### GOAL 2: Capacity and Creativity
**11 action strategies**

- **Strategy 2A:** Conduct an environmental scan of health/wellness efforts and enhance efficiency.
- **Strategy 2B:** Establish a new Center for Mental Health Care & Resources to improve quality and timeliness of clinical care and foster greater self-efficacy.
- **Strategy 2C:** Revitalize and expand outreach, education, and prevention efforts by the Wellness Empowerment Center (formerly Health Initiatives).
- **Strategy 2D:** Examine and improve the role of the GT Police Department in providing emergency response to students.
- **Strategy 2E:** Disaggregate and analyze student data on health, wellness, and well-being to identify equity gaps for targeted intervention.
- **Strategy 2F:** Increase the availability of food and beverage options on campus that facilitate health and wellness.
- **Strategy 2G:** Incentivize faculty to infuse health/wellness content into academic courses and reconsider teaching practices.
- **Strategy 2H:** Further study students’ basic needs and fill gaps that are identified.
- **Strategy 2I:** Given their therapeutic effects, expand accessible opportunities for students to participate in artistic and creative activities.
- **Strategy 2J:** Inventory all orientation and onboarding programs and infuse relevant content to build leadership capacity for health/wellness.
- **Strategy 2K:** Establish a 24/7 crisis intervention center staffed by Georgia Tech volunteers to assist and empower individuals who are in distress.

### GOAL 3: Community and Connection
**6 action strategies**

- **Strategy 3A:** Launch and sustain a comprehensive, cohort-based approach to health and wellness in the residential community for undergraduate students.
- **Strategy 3B:** Leverage visual art, dance, music, theater, media arts, and other creative activities as a way for students to connect with others.
- **Strategy 3C:** Sustain and expand the capacity of identity-based centers and student organizations to create spaces for psychological safety, authentic communities, and increased sense of belonging.
- **Strategy 3D:** Expand options for students to participate in intercollegiate athletic events, outdoor adventure/recreation activities, and other Georgia Tech traditions.
- **Strategy 3E:** Implement and increase opportunities for students to identify their core values and then “live” those values mindfully.
- **Strategy 3F:** Increase the integration of more humor, joy, and laughter in day-to-day interactions.

### GOAL 4: Commitment and Continuity

- Review the feasibility of adopting (or adapting) the action framework for higher education that is outlined in the *Okanagan Charter: An International Charter for Health Promoting Universities & Colleges* to incorporate into Georgia Tech’s ongoing cultivate well-being efforts.